

# LECTURES

## Friday, February 8

		Rm.
noon - 12:45p.m.	<i>Cupid's Scented Arrow: Five Ways to Better Love Using Aromatherapy</i> , Vicki Rae Thorne, <b>Earth Heart</b>	2
12:15 - 1:00p.m.	<i>Going to the Next Level: Secrets of Successful High Earners</i> Janice Goldman, <b>La Vida Femme</b>	6
12:30 - 1:15p.m.	<i>Stress Free &amp; Affordable Green Design for Home &amp; Office</i> Maggie Wilkins, <b>C&amp;M Wilkins</b>	7
12:45 - 1:30p.m.	<i>Easy Steps to Finding Your Way Out of The Headache Hole</i> Dr. Stephanie Maj, <b>Community Chiropractic</b>	3
1:00 - 1:45p.m.	<i>Therapeutic Yoga Movement</i> , Beth Jerva, <b>Heartwood</b>	2
1:15 - 2:00p.m.	<i>Returning to School to Help Jumpstart Your Career Change</i> Donna Del Giudice, <b>DePaul University</b>	6
1:30 - 2:15p.m.	<i>Is Your Home Making You Sick? Tips on Creating a Healthy Home</i> , Marny Turvill, <b>Healthy Green Goods</b>	7
1:45 - 2:30p.m.	<i>Connecting with God in the Natural World</i> John Lionberger, <b>Renewal in the Wilderness</b>	3
2:00 - 2:45p.m.	<i>Holistic Yoga</i> , Colleen Hubbard, <b>Heartwood</b>	2
2:15 - 3:00p.m.	<i>Proactive Breast Health</i> Dr. Thomas Bayne, <b>PureBalance</b>	6
2:30 - 3:15p.m.	<i>The Healing Benefits of Alternative Heat Sources</i> Sue Simon, <b>Healthier Heat</b>	7
2:45 - 3:30p.m.	<i>Finding Your Jewel: A Meditative Journey</i> Cherie Bianco, <b>Purepeace</b>	3
3:15 - 4:00p.m.	<i>Sugar Blues: Deconstructing Your Sugar Cravings</i> Alysce Rynor, <b>Sage Thyme Wellness</b>	6
3:30 - 4:15p.m.	<i>How Professional Outsourcing Can Help You to Enrich Your Career</i> , Melissa Vokoun, <b>NuVo Partners</b>	7
4:30 - 5:15p.m.	<b>Keynote Address</b> <i>Secrets to Lasting Intimacy: How to Reach Your Intimacy &amp; Love Potential</i> Dr. Elsbeth Meuth & Mr. Freddy Zental Weaver	3
5:00 - 5:45p.m.	<i>Yoga for Women</i> , Corrine Peterson, <b>Heartwood</b>	2

## Saturday, February 9

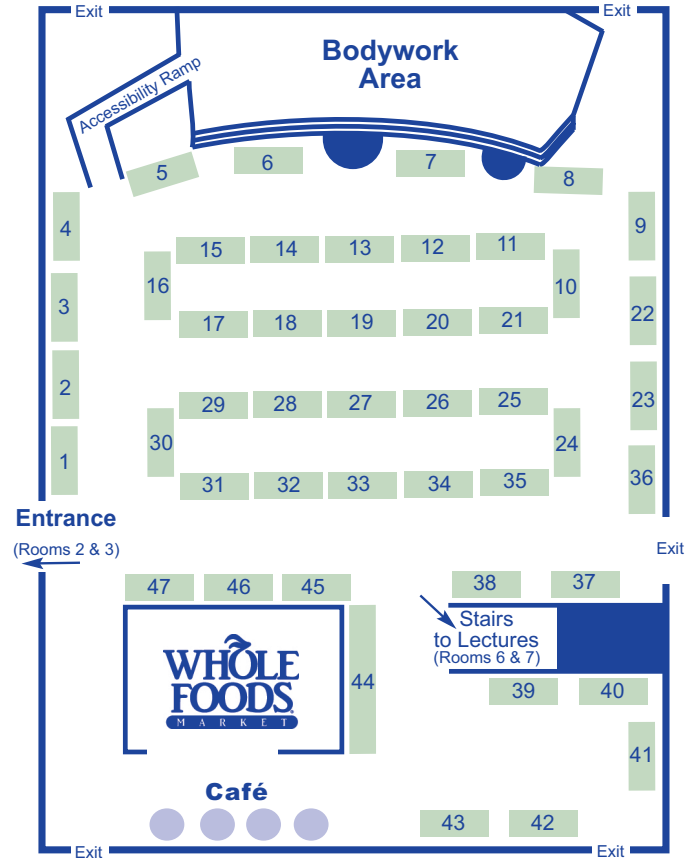
		Rm.
10:30 - 11:45a.m.	<b>Expert Green Panel</b> Moderator, Sandra Crawford <i>Altering Your Footprint: Creating the Green Life You Want</i> Dena Eakles, <i>Sustainable Living</i> , Echo Valley Farm; Philip Elmes, <i>Green Housing</i> , Fields Neighborhood-Green Built Community; Carolyn Zezime, <i>Local Foods</i> , The Talking Farm; Marny Turvill, <i>Organic Products</i> , <b>Healthy Green Goods</b>	3
10:30 - 11:15a.m.	<i>Live to Be 100 and Not Regret It</i> Jeff Holloway, <b>NuSkin/Pharmanex</b>	7
11:15a.m. - noon	<i>Minimizing Indoor Environmental Pollutants</i> Brigitte Cornelius, <b>TGi Clean Air &amp; Water</b>	6
11:30a.m. - 12:15p.m.	<i>Prolotherapy: An Alternative to Surgery for Chronic Pain</i> Dr. Bernadette Kohn, <b>Kohn Integrative Medical Group</b>	7
noon - 12:45p.m.	<i>Tai Chi</i> , Arlene Faulk, <b>Heartwood</b>	2
12:15 - 1:00p.m.	<i>You've Been Sick for a Reason: Computer Testing Can Tell You Why</i> , Dr. Martha Howard, <b>Wellness Associates of Chicago</b>	6
12:30 - 1:15p.m.	<i>Meditation: A Woman's Resource for Thriving in a Hectic World</i> , Bette Drew, <b>Science of Spirituality</b>	7
12:45 - 1:30p.m.	<i>Declining Libido: What You Can Do for You or Your Valentine</i> , Dr. Olivia Bressy, <b>Pure Health</b>	3
1:00 - 1:45p.m.	<i>Magical Hoop</i> , Mercedes Gomes, <b>Infinity Foundation</b>	2
1:15 - 2:00p.m.	<i>Career Makeover: Simple Steps to Reinventing Yourself</i> Terry Kozlowski, <b>Achievementor Group</b>	6
1:30 - 2:15p.m.	<i>Our Quest for Peace: 2008</i> Dena Eakles, <b>Echo Valley Farm</b>	7
1:45 - 2:30p.m.	<i>Healthy Aging Immune Support</i> Donna Plichta, <b>Orenda International</b>	3
2:00 - 2:45p.m.	<i>Chi Gong</i> , Jennifer O'Hare, <b>Heartwood</b>	2
2:15 - 3:00p.m.	<i>10 Tips for Maintaining a Healthy Heart for a Happy Life</i> Maria Lezniak, <b>Northshore Healing Centre</b>	6
2:30 - 3:15p.m.	<i>A Valentine to Yourself: Increase Your Ability to Be Loved &amp; Nourished</i> , Peter Kind, <b>Human Radiance</b>	7
2:45 - 3:30p.m.	<i>Shape Your Consciousness to Reflect Who You Truly Are: Create What You Prefer</i> , Audrey Scopilitti, <b>The Avatar® Course</b>	3

## Portion of Admission Proceeds Benefit YWCA Evanston/North Shore

Admission: \$10

Lectures are included with admission.

## FAIR MAP



## Participating Groups

- |   |                                   |
|---|-----------------------------------|
| 1-Amazon Herb Company   | 22-Northshore Healing Centre      |
| 2-Wellness Associates of Chicago  | 23-Healthy Green Goods            |
| 3-TGi Clean Air & Water   | 24-Arbonne International          |
| 4-Science of Spirituality   | 25-PureBalance                    |
| 5-The Balanced Life   | 26-Quintessence Creations         |
| 6-Healthier Heat  | 27-NuVo Partners                  |
| 7-Heartwood Center Body Mind Spirit   | 28-Kohn Integrative Medical Group |
| 8-Community Chiropractic  | 29-Echo Valley Farm               |
| 9-Orenda International  | 30-Achievementor Group            |
| 10-DePaul University  | 31-Soy Safe                       |
| 11-Fields Neighborhood-Green Built Housing                                      | 32-Sandra Crawford                |
| 12-Human Radiance   | 33-Renewal in the Wilderness      |
| 13-be.ology   | 34-The Reconnection               |
| 14-Purepeace  | 35-C&M Wilkins                    |
| 15-Gold Canyon  | 36-The Avatar® Course             |
| 16-Pure Health  | 37-Essential Bodywear             |
| 17-The Enterprising Kitchen   | 38-National-Louis University      |
| 18-La Vida Femme  | 39-Clairvoyant Center of Chicago  |
| 19-Sage Thyme Wellness  | 43-NuSkin/Pharmanex               |
| 20-Infinity Foundation & Infinity Foundation Practitioners' Network Association | 44-Whole Foods Market             |
| 21-Earth Heart  | 45-Chiro One Wellness Centers     |
|   | 46-The Talking Farm               |
|   | 47-Divine Design & Divine Order   |